



Worksheet A

1 How was your last meal in a restaurant?

- a It was delicious.
- b It was all right.
- c It was awful.

2 How was the last program you watched on television?

- a It was interesting.
- b It was OK.
- c It was boring.

3 How was your last English homework?

- a It was easy.
- b It was all right.
- c It was difficult.

4 How was your last vacation?

- a It was fantastic.
- b It was OK.
- c It was terrible.

5 How was your last birthday present?

- a It was lovely.
- b It was all right.
- c It was horrible.

6 How was the last restaurant you went to?

- a It was very quiet.
- b It was OK.
- c It was very noisy.

Count the number of a, b and c answers.

Mostly as: You are a 'glass half-full' person. You have a positive outlook on life. Or maybe you are just very lucky! But don't be afraid to say when you don't like something!

Mostly bs: You are neither a 'glass half-full' nor a 'glass half-empty' person. You have a neutral outlook on your life but don't be afraid to say what you like and don't like!

Mostly cs: You are a 'glass half-empty' person. You have a slightly negative outlook on life. Or maybe you are just unlucky! But don't be afraid to say when you like something!

Worksheet B

1 How was your lunch yesterday?

- a It was delicious.
- b It was all right.
- c It was awful.

2 How was the last movie you watched in the movie theater?

- a It was interesting.
- b It was OK.
- c It was boring.

3 How was your last English exam?

- a It was easy.
- b It was all right.
- c It was difficult.

4 How was your last weekend?

- a It was fantastic.
- b It was OK.
- c It was terrible.

5 How was your last present?

- a It was lovely.
- b It was all right.
- c It was horrible.

6 How was the last party you went to?

- a It was very quiet.
- b It was OK.
- c It was very noisy.

Count the number of a, b and c answers.

Mostly as: You are a 'glass half-full' person. You have a positive outlook on life. Or maybe you are just very lucky! But don't be afraid to say when you don't like something!

Mostly bs: You are neither a 'glass half-full' nor a 'glass half-empty' person. You have a neutral outlook on your life but don't be afraid to say what you like and don't like!

Mostly cs: You are a 'glass half-empty' person. You have a slightly negative outlook on life. Or maybe you are just unlucky! But don't be afraid to say when you like something!